

# Elderly Education of University in South Korea

## - A Case of Daegu University -

### 1. Necessity and purpose of research

An elderly problem is appearing now as the big issue in Korean society. When such elderly problem proceeds with being solved by maximally utilizing human and material resources, the elderly's participation can proceed with being led, rather than by any other institutions related to the aged.

In Korea, there are not so many cases of offering several kinds of elderly educational programs oriented by university.

Daegu University installed the silver school within university from 1975 for the first time in our country and offered lifelong education program. Thus, totally 16,876 people completed several programs up to the end of 2010.

It realized 'love · light · freedom,' which is the ideology of founding Daegu University and allowed the elderly to acquire new knowledge and life wisdom, thereby contributing to the development in community and the implementation in welfare society and making it possible for community volunteer, as well as allowing them to get results in their old age. Through such activity, the elderly's self-realization is being increased. Accordingly, the purpose of this study is as follows, through a case of Daegu University.

First, the aim is to suggest possibility that university can be in charge of the elderly education.

Second, the aim is to be able to compare and analyze which program for the aged is desirable by examining the program contents.

Third, the aim is to make it available for suggesting a plan of being capable of solving the elderly problem by which the university holds the central place in the future.

## 2. History of silver school at Daegu University

Sep. 01, 1975 Established the silver welfare school attached to Korea Social Work University

Sep. 08, 1975 First-term students entered the silver welfare school(61 people)

Mar. 09, 1976 Second-term students entered the silver welfare school(90 people)

Mar. 12, 1977 Entered by the third-term students of silver welfare school and performed the ceremony of completing construction work of silver welfare school

Mar. 04, 1978 Installed the elderly welfare graduate school and was entered by the first-term students for the elderly welfare graduate school(22 people)

Mar. 06, 1980 Installed the longevity graduate school and was entered by the first-term students(40 people)

Mar. 02, 1984 Changed it into Lifelong Education Center of Daegu University

Jul. 25, 1994 Changed the name into the lifelong education division of Social Education Center due to the integration of institutions relevant to social education attached to Daegu University

Mar. 01, 1999 Changed the names of liberal curriculum, welfare curriculum and lifelong curriculum into social leader course

Mar. 01, 2002 Changed the name into the lifelong education division of Lifelong Education Center

Nov. 01, 2003 Changed the name into the silver education center of Lifelong Education Center

Mar. 01, 2005 Changed the name into the social leader education center of Lifelong Education Center

## 4. Number of learners who completed program by year

Year \ Course	General course	Advanced course	Lifelong course	Total	Remarks
1975	59 (1)			59	
'76	85 (2)			85	
'77	99 (3)			99	
'78	104 (4)	25 (3)		129	
'79	105 (5)	21 (4)		126	
1980	96 (6)	35 (5)		131	
'81	101 (7)	72 (6)		173	
'82	91 (8)	58 (7)		149	
'83	82 (9)	73 (8)		155	
'84	104 (10)	53 (9)		157	
'85	102 (11)	45 (10)		147	
'86	108 (12)	65 (11)	166	339	
'87	102 (13)	82 (12)	203	387	
'88	114 (14)	58 (13)	224	396	
'89	117 (15)	85 (14)	225	427	
1990	106 (16)	80 (15)	212	398	
'91	126 (17)	79 (16)	282	487	
'92	122 (18)	110 (17)	348	580	
'93	125 (19)	107 (18)	383	615	
'94	128 (20)	114 (19)	431	673	
'95	121 (21)	111 (20)	463	695	
'96	127 (22)	85 (21)	532	744	
'97	120 (23)	100 (22)	488	708	
'98	114 (24)	105 (23)	508	727	
'99	95 (25)	91 (24)	505	691	
2000	103 (26)	82 (25)	482	667	
2001	121 (27)	87 (26)	438	646	
2002	115 (28)	108 (27)	473	696	
2003	121 (29)	101 (28)	507	729	
2004	121 (30)	110 (29)	499	730	
2005	104 (31)	102 (30)	504	710	
2006	106 (32)	99 (31)	549	754	
2007	92 (33)	83 (32)	477	652	
2008	103 (34)	78 (33)	462	643	
2009	111(35)	85 (34)	466	662	
2010	116(36)	103(35)	491	710	
<b>Total</b>	3,866	2,692	10,318	16,876	

## 5. Contents

### 1) Curriculum

<b>Classification Course name</b>	<b>Education time</b>	<b>Fixed number of people</b>	<b>Curricular contents</b>	<b>Remarks</b>
General course of social leader	Every Monday and Thursday	130	Cultural lecture, hobby activity	First-year course
Advanced course of social leader	Every Tuesday and Friday	130	Cultural lecture, hobby activity	Second-year course
Lifelong course of social leader	Every Tuesday/Thursday/Friday	600	Cultural lecture, hobby activity	Third-year course

### 2) Operation of a learning club

1. Gate-ball class(about 70 people as the number of registered members) : It introduced gate-ball for the first time to our country in 1982 from Japan in order to improve ability of individual and team competition through a gate-ball game, and is opening competitions dozens of times a year such as regular event every month.

2. Nongak(traditional Korean music performed by farmers) class(about 70 people as the number of registered members) : It is developing diverse activities such as acquiring practical skills of Nongak, making the event more distinguished given the external event, and participating in several competitions.

3. Hiking class(about 300 people as the number of registered members) : It was started with the aim of increasing knowledge on climbing, cultivating own body and mind, and promoting member-based friendship through the hiking activity.

4. Ping-pong class(about 200 people as the number of registered members) : It was started with the aim of enhancing ability of individual and team competition and of promoting friendship through ping-pong game, and is opening several kinds of events.

5. Volunteer class(about 100 people as the number of registered members) ; It is

carrying out several kinds of volunteering work activities such as helping poor neighbors several times a year by establishing in order to give an opportunity of helping to poor neighbors around and of being able to participate in society through volunteering work activity.

6. Class of calligraphy and the Four Gracious Plants(plum, orchid, chrysanthemum and bamboo) (about 30 people as the number of registered members) : The class of calligraphy and the Four Gracious Plants leads to promoting health of the body and mind and to being active in presenting a work to several exhibitions.

7. Diverse activities are being opened such as managing old-age life, promoting friendship among learners, and opening several song events through the popular song class.

8. Dance sports class(about 80 people as the number of registered members) : The sports dance leads to being active in diverse internal and external activities such as training the body and mind, promoting member-based friendship, and participating in lifelong learning festival.

9. Song class(about 90 people as the number of registered members) ; As the club that was established in 2009, the aim is to promote the useful and happy school life and the friendship among learners. It is participating in several events such as club festival.

5. Academic calendar and timetable for the school year in 2011

- Timetable of the 2nd semester for the school year in 2011

Timetable of Common Lectures (Basic Level Class)

Month/ Date	Day	Lecture contents(10:00~11:40)		Instructor	Lecture room	Remarks(Instructor's career)
Sep./1st	Tue.	Literature	For a reputable family		Seminar room	Professor for the Dept. of Korean Language and Literature
5th	Mon.	Etiquette	Making image of enhancing me		Seminar room	Vice president of Sky Academy
8th	Tue.	Economy	Aging era : Employment problem of seniors		Seminar room	Professor for the Dept. of Economics
15th	Tue.	Art	Technique of appreciating works of art		Seminar room	Professor of Daegu Cyber University
19th	Mon.	Health	Health is seen only when knowing body constitution.		Seminar room	President of Hong-je Oriental Medical Clinic
22nd	Tue.	Culture	For happy life		Seminar room	Professor for the Dept. of Industrial Welfare
26th	Mon.	Politics	Korea's political situation		Seminar room	Professor for the Dept. of Public Administration
29th	Tue.	Health	Stress relief and laughter therapy2		Seminar room	Professor of Daegu Haany University
Oct./6th	Tue.	Field learning				
10th	Mon.	Health	Food and modern people's health care		Seminar room	Honorary professor for the Dept. of Food Engineering
13th	Tue.	Health	Silver sport and healthy life		Seminar room	Professor for the Dept. of Sports Leisure
17th	Mon.	Club festival				
20th	Tue.					
24th	Mon.	Society	North Korea's reality and inter-Korean relations		Seminar room	Former doctor of the Gimchaek Steel Mill
27th	Tue.	Special lecture			Middle lecture hall	Former minister of Education & Human Resources Development Professor for the Dept. of General Social Education
31st	Mon.	School trip				
Nov./3rd	Tue.					
7th	Mon.	Culture	Real estate and Pungsujiri(geomancy theory)		Seminar room	Instructor of Daegu University
10th	Tue.	Information communication	Concept and appearance background of information society		Seminar room	Professor for College of Information and Communication Engineering
14th	Mon.	Environment	Well-being and Shintoburi(domestic farm products are the best)		Seminar room	Honorary professor for the Dept. of Geography
17th	Tue.	Culture	Communication for nice interpersonal relations		Seminar room	Broadcaster
21st	Mon.	Culture	People of living in modern times are recommended to increase happiness index.		Seminar room	Former)Maeil Newspaper
24th	Tue.	Social welfare	Leisure activity and social participation		Seminar room	Professor for the Dept. of Social Welfare
28th	Mon.	Health	Early diagnosis and preventive method of stroke		Seminar room	Director of medical services for Women Medipark
Dec./1st	Tue.	Politics	Let us know China		Seminar room	Professor of Changwon National University
5th	Mon.	Education	Lifelong learning society and a need of aging education		Seminar room	Honorary professor for the Dept. of Special Education
8th	Tue.	Society	China's Gyeongjukjisaek(傾國之色)		Seminar room	Honorary professor for the Dept. of Chinese Language and Studies
12th	Mon.	Economy	Korea, Korean people, Korean economy		Seminar room	Honorary professor for the Dept. of Economics
15th	Tue.	Course finish and whole special lecture				

[Timetable of Common Lectures](#) (Advanced Level Class)



Month/ Date	Day	Lecture contents(10:00~11:40)		Instructor	Lecture room	Remarks(Instructor's career)
Sep./2nd	Fri.	Culture	Noblesse oblige		Seminar room	Professor for the Dept. of German Language and Literature
6th	Tue.	Art	Understanding about modern art		Seminar room	Professor for the Dept. of Paintings
9th	Fri.	Culture	Communication for nice interpersonal relations		Seminar room	Broadcaster
16th	Fri.	Law	Commonsense in law easy to be known		Seminar room	Instructor of Daegu University
20th	Tue.	Health	Charging energy for healthy life		Seminar room	CEO of Well-being Life Health Research Institute
23rd	Fri.	Culture	Self-innovation through discovering behavior pattern by personality type		Seminar room	Professor for the Dept. of Industrial Systems Engineering
27th	Tue.	Law	Action know-how given the occurrence of traffic accident		Seminar room	Traffic guiding officer for Gyeongbuk Provincial Police Agency
30th	Fri.	Economy	New international economic order and Korean economy's vision		Seminar room	Professor for the Dept. of Economics
Oct./4th	Tue.	Field learning				
7th	Fri.	Health	Exercise therapy suitable for my body		Seminar room	Professor for the Dept. of Health Promotion
11th	Tue.	Education	Our country's lifelong education		Seminar room	Professor for the Dept. of Community Development Welfare
14th	Fri.	Health	What is enzyme?		Seminar room	Professor for the Dept. of Food Engineering
18th	Tue.	Club festival				
21st	Fri.					
25th	Tue.	Special lecture	Investment techniques		Middle lecture hall	Daegu Bank
28th	Fri.	Politics	Let us know China		Seminar room	Professor of Changwon National University
Nov./1st	Tue.	School trip				
4th	Fri.					
8th	Tue.	Culture	How to have conversation of opening mind		Seminar room	Adjunct professor of Daegu University
11th	Fri.	Culture	Problem of etiquette in modern industrial society		Seminar room	Professor for the Dept. of Chinese Language and Studies
15th	Tue.	Special lecture	Self-expression skills of being respected		Middle lecture hall	President of Lifelong Education Center
		Photo shoot in commemoration of completion				
18th	Fri.	Health	Hypertension		Seminar room	Director of medical services for Women Medipark
22nd	Tue.	Art	Understanding about Oriental art		Seminar room	Instructor of Daegu University
25th	Fri.	Culture	Elementary knowledge that a leader in internationalization era will need to have		Seminar room	Professor for the Dept. of Hotel & Tourism
29th	Tue.	Environment	Green revolution on the table		Seminar room	Instructor of Daegu University
Dec./2nd	Fri.	Politics	China's Gyeonggukjisaek(傾國之色)		Seminar room	Professor for the Dept. of Chinese Language and Studies
6th	Tue.	Health	A story of delicious coffee		Middle lecture hall	CEO of SEM
9th	Fri.	Culture	Beautiful change		Seminar room	Professional committee member for Korea Humanistic Education Association
13th	Tue.	Health	Why do Korean people like beef?		Seminar room	Professor for the Dept. of Animal Resources
15th	Tue.	Course finish and whole special lecture				

Optional lecture and club timetable

Day	Mon.	Tue.	Wed.	Tue.	Fri.
Subject name /Instructor name (Time)	Dance sport (13:00-14:00)	Nongak (13:00-14:00)		Calligraphy and the Four Gracious Plants (13:30-14:30)	Dance sport (13:00-14:00)
	Ping-pong (13:00-15:00)	Song (14:00-16:00)		Popular song (13:30-15:20)	
Day of beginning lecture/ Day of finishing lecture	Sep.15(Tue.)-Dec.13(Tue.) (11 times)	Sep.15(Tue.)-Dec.13(Tue.) (12 times)		Sep.15(Tue.)-Dec.13(Tue.) (12 times)	
Cancelling lecture	Oct. 17(Mon.) - Oct. 21(Fri.) Club festival				

5. Conclusion

- The elderly's participation is very positive by offering lifelong education program for the aged by which the university holds the central place.
- Old people, who participated in a program, don't want to graduate and do desire to continuously learn as a learner almost in their life.
- The elderly of participating in a program offered by university came to have a pride of being undergraduate.
- In conclusion, university itself needs to positively arrange the given conditions available for offering an educational program for the aged in community by which the university

becomes the center.